

The Parson Woodforde Sunday Menu

Starters

Homemade Roasted Root Vegetable Soup with crusty bread £6.95 (gf adaptable)

Mixed Olives Marinated in Chilli, Lemon & Garlic with crusty bread dipping oil & balsamic syrup £4.95 (gf adaptable)

King Prawn Bruschetta headless king prawns, chilli, spring onion & tomato, on garlic toasts laced in garlic butter sauce £11 (gf adaptable)

Chicken Liver, Cognac & Orange Parfait with tomato & fig chutney, apple salad & House toasts £7.50 (gf adaptable)

Scallop Gratin baked with sundried tomatoes, spinach & cream, glazed with a Gruyère cheese crumb £11 (gf adaptable)

Masala Poached Pear with watercress, blue cheese, toasted walnuts & blackberries £7.50 (gf)

Confit Rabbit, Pork, Pistachio & Cranberry Terrine haskap berry jam & toasts £8 (gf adaptable)

Favourites

Braised Steak, Ale & Mushroom Suet Pastry Pudding with roasted new potatoes buttered vegetables & gravy £15

Calves Liver & Smoked Bacon creamy mashed potato, caramelized onion gravy & garden peas £14 (gf)

Italian Style Beef Lasagne with garlic toast & salad, or chips & peas £14

Greek Lamb Stifado shoulder of lamb baked slowly with pearl onions, red wine cinnamon, clove orange & garlic, minted mashed potatoes & greens £16 (gf)

Crispy Deep-fried Buttermilk Chicken Breast Burger caramelized red onion, toasted brioche bun harissa mayo, peri peri salted fries & rocket salad £14

Tikka Masala Polok mild & creamy curry sauce of spinach, tomatoes, almond & coconut, homemade coriander naan bread, mango chutney, onion salad, basmati rice & poppadom

Choose Vegetable £11 **Chicken** £14 **King prawn** £16 (gf adaptable)

Three Bean Chilli (meat free) on home fried tortillas, glazed with mozzarella, topped with guacamole & tomato salsa £12

From the Char Grill

Butterflied Chicken Breast with salad, skinny fries & peas

- choose from white wine garlic butter or Cajun tomato sauce, or salsa Verde £12 (gf adaptable)

Hand Pressed 8oz Burger with Monterey jack cheese, skinny fries, coleslaw & onion rings £14

Add bacon or mushrooms £1.50 (gf adaptable)

Halloumi & Vegetable Burger of aubergine, courgette, beetroot, onion, chickpea, Cajun seasoning & red pepper in a toasted brioche bun, skinny fries coleslaw & crispy onion rings £12

8oz Ribeye or Sirloin Steak cooked to your liking with roasted vine tomatoes, field mushroom, chunky chips fried onion & dressed watercress £24 (gf adaptable)

Sauces – Choose Peppercorn, Blue Cheese or White Wine Garlic Butter all at £3 each

From the Sea

Whole Tail Scampi homemade tartare sauce, skinny fries, peas & dressed salad £13

Beer Battered Fish & Chips with minted mushy peas, homemade tartare sauce & lemon £13

The Parson's Fish Pie of white fish, smoked haddock, salmon & prawns poached in a creamy dill & leek sauce baked with mashed potato & Cheddar, served with buttered vegetables £15 (gf)

Moules Marinières - Local mussels teased open in a classic shallot, parsley, white wine, garlic & cream sauce (gf adaptable)

Starter size £6.95 with garlic bread **Main course size** £12.95 with skinny fries

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Specials

Oven Roasted Indonesian Dusted Salmon Fillet served with a spiced potato lentil, cauliflower & spinach curry dotted with a minted crème fraiche £15 (gf)

Local Duck Breast roasted till pink, Dauphinoise potatoes, roasted root vegetables & black cherry jus £16.95

Fillet of Snow White Glitney Halibut butter poached, with chorizo sautéed potatoes buttered kale & a saffron & mussel fish cream £16.95

Potato Gnocchi with butternut squash, kale, spinach & wild mushrooms bound with sage butter & topped with parmesan £12.50

Smoked Haddock Florentine fillet of smoked haddock, poached in creamy spinach sauce with Cheddar cheese mash & topped with a poached egg £14 (gf)

Pan Roasted Fillet of Sea Bass with sautéed potatoes, courgette & carrot pearls local samphire & a hibiscus butter sauce £16.95

Chef's Signature Dish - Mariscarda - a Brazilian inspired fish stew of salmon, king prawns, mussels, calamari & scallops, all poached in a saffron, ouzo, chilli, lemon grass, mint & orange sauce, served with garlic bread £16.50 (gf adaptable)

Try Our Traditional Parson's Sunday Roast!

Choose Loin of Pork £12.95

Supreme of Chicken £12.95

Topside of Beef £13.95

or Roast Leg of Lamb £14.95

Or Veggie Roast – no meat, heaps of veggies with Yorkshire Pudding, roast potatoes, roast parsnips, creamed leeks, vegetarian gravy £9.95

Each roast is served with butter roasted potatoes, Yorkshire pudding, honey roasted parsnips, carrots, broccoli, kale, creamed leeks & pan gravy

Add a side of honey & mustard roasted baby sausages - £2.95

Food Allergies and Intolerances: All our dishes are prepared in a kitchen where nuts, cereals containing gluten, and other allergens are prepared, and our menu descriptions do not list all ingredients. If you require any advice about ingredients, please do ask your server before ordering your food. Please note that whilst every care is taken, some game items may contain shot.