

The Parson Woodforde Main Menu

Starters

- Homemade Soup of the Day** with crusty bread £6.95 (gf adaptable)
Mixed Olives Marinated in Chilli, Lemon & Garlic with crusty bread dipping oil & balsamic syrup £4.95 (gf adaptable)
King Prawn Bruschetta headless king prawns, chilli, spring onion & tomato, on garlic toasts, laced in garlic butter sauce £11 (gf adaptable)
Chicken Liver, Cognac & Orange Parfait with tomato & fig chutney apple salad & House toasts £7.50 (gf adaptable)
Scallop Gratin baked with sundried tomatoes, spinach & cream glazed with a Gruyère cheese crumb £11 (gf adaptable)
Masala Poached Pear with watercress, blue cheese, toasted walnuts & blackberries £7.50 (gf)
Confit Rabbit, Pork, Pistachio & Cranberry Terrine haskap berry jam & toasts £8 (gf adaptable)

Favourites

- Braised Steak, Ale & Mushroom Suet Pastry Pudding** with roasted new potatoes buttered vegetables & gravy £15
Calves Liver & Smoked Bacon creamy mashed potato, caramelized onion gravy & garden peas £14 (gf)
Italian Style Beef Lasagne with garlic toast & salad, or chips & peas £14
Greek Lamb Stifado shoulder of lamb baked slowly with pearl onions, red wine cinnamon, clove, orange & garlic, minted mashed potatoes & greens £16 (gf)
Crispy Deep-fried Buttermilk Chicken Breast Burger caramelized red onion, toasted brioche bun, harissa mayo, peri peri salted fries & rocket salad £14
Tikka Masala Polok mild & creamy curry sauce of spinach, tomatoes, almond & coconut, homemade coriander naan bread, mango chutney, onion salad basmati rice & poppadom
Choose Vegetable £11 **Chicken** £14 **King prawn** £16 (gf adaptable)
Three Bean Chilli on home fried tortillas, glazed with mozzarella, topped with guacamole & tomato salsa £12

Side orders

- Chunky Chips, Skinny Fries, Dauphinoise Potatoes** – all at £3 each
Dressed Mixed Salad, Battered Onion Rings – all at £2.95 each
Garlic Bread, Homemade Coleslaw £2.50 each
Garlic Bread with Cheese £3

From the Char Grill

- Butterflied Chicken Breast** with salad, skinny fries & peas - choose from white wine garlic butter or Cajun tomato sauce, or salsa Verde £12 (gf adaptable)
Posh Bangers & Mash wild boar & apple sausages, white truffle mash, onion jus creamed peas & leeks £13 (gf adaptable using Cleveleys' gluten free pork sausages)
Hand Pressed 8oz Burger with Monterey jack cheese, skinny fries, coleslaw & onion rings £14 **add bacon** or **mushrooms** £1.50 (gf adaptable)
Halloumi & Vegetable Burger of aubergine, courgette, beetroot, onion chick pea, Cajun seasoning & red pepper in a toasted brioche bun, skinny fries coleslaw & crispy onion rings £12
8oz Ribeye or Sirloin Steak cooked to your liking with roasted vine tomatoes field mushroom chunky chips, fried onion & dressed watercress £24 (gf adaptable)
Sauces – Choose Peppercorn, Blue Cheese, White Wine Garlic Butter all at £3 each

From the Sea

- Whole Tail Scampi** homemade tartare sauce, skinny fries, peas & dressed salad £13
Beer Battered Fish & Chips with minted mushy peas, homemade tartare sauce & lemon £13
The Parson's Fish Pie of white fish, smoked haddock, salmon & prawns poached in a creamy dill & leek sauce, baked with mashed potato & Cheddar, served with buttered vegetables £15 (gf)
Smoked Haddock Florentine fillet of smoked haddock, poached in creamy spinach sauce, with Cheddar cheese mash & topped with a poached egg £14 (gf)
Chef's Signature Dish - Mariscarda - a Brazilian inspired fish stew of salmon king prawns, mussels, calamari & scallops, all poached in a saffron, ouzo, chilli, lemon grass, mint & orange sauce, served with garlic bread £16.50 (gf adaptable)
Moules Marinières - Local mussels teased open in a classic shallot, parsley white wine, garlic & cream sauce (gf adaptable)
Starter size £6.95 with garlic bread **Main course size** £12.95 with skinny fries
Oven Roasted Indonesian Dusted Salmon Fillet served with a spiced potato lentil, cauliflower & spinach curry dotted with a minted crème fraiche £15 (gf)