

## The Parson Woodforde Bar Menu

### Starters

**Baked Camembert** topped with honey, bacon & walnuts served with caramelised apple and rocket salad, sourdough bread £8

**Pan Fried Local Pigeon Breast** sat on a wild mushroom bread & butter pudding, beetroot puree, red wine reduction £8

**Scallop Gratin** baked with spinach, sundried tomato & cream, then glazed with smoked Applewood cheese £11

**Crispy Mongolian Lamb** in a lettuce wrap, Asian slaw sweet and sour spiced cucumber, Hoisin mayo £8

**King Prawn Bruschetta** tomato, red onion & spring onion sautéed in garlic, white wine & chilli butter sauce £11

### Favourites

**Rogan Josh Vegetable Curry & Basmati Rice**, homemade coriander naan, Brinjal pickle, cucumber salad £11 (add lamb £6, add chicken £3 or King prawns £6)

**Braised Beef & Ale Suet Pastry Pie** with new potatoes, carrots, greens & gravy £14

**Potato Gnocchi** in rich creamy sauce with blue cheese, spinach, peas, broccoli, mushrooms & onion with garlic toasts £11 (add chicken & bacon £4)

**Hand Carved Ham Egg & Chips** £13

**Lasagne** Homemade pub classic, with garlic toast & dressed salad (beef £13 or vegan £11)

**Vegan Shepherd's Pie** mushroom, celery, butternut squash, parsnip, carrot, green lentils & potato, served with wilted greens and vegan gravy £11

**Greek Lamb Kleftiko** pulled shoulder, baked with Feta, red onion, olives & mint in a kleftiko sauce, on crushed new potatoes £16

**Salmon, White Fish, Haddock & Prawn Fish Pie** bound together in a creamy leek & dill sauce topped with mashed potato & cheese served with seasonal vegetables £14

### From the Char Grill

**Swannington Calves' Liver & Bacon** mashed potato & caramelised red onion gravy £14

**Homemade Beef Burger** with Monterey Jack Cheese skinny fries, coleslaw & Chef's onion rings £14  
Add bacon or mushroom £1.50

**Halloumi & Vegetable Burger** of aubergine, courgette, beetroot, onion, chickpea, Cajun seasoning & red pepper in a toasted brioche bun, skinny fries, coleslaw & crispy onions £12

**Soz Steak -Choose Rib Rye or Sirloin** with roasted vine tomato, grilled field mushroom, Chef's onion rings, & chunky chips £24

Add peppercorn or blue cheese sauce £3

**Char Grilled Chicken Breast** with salad, skinny fries & peas - Choose from garlic butter, Cajun or sriracha sauce £12

### From the Sea

**Whole Tail Scampi & Garden Peas** homemade tartare sauce skinny fries & dressed leaves £13

**Proper Beer Battered Fish & Chips** with minted mushy peas, homemade tartare sauce & lemon £13

**Pan Fried Fish of the Day with Samphire** set on a creamy Parmesan, spinach, pea, shallot & prawn risotto £16.50

**Pint of Shell on Prawns, Lemon, & Crusty Bread** served with baby gem lettuce, Marie Rose sauce & butter £9

**Plaice Fillets** stuffed with artichoke & spinach mousse, white wine & mushroom sauce, sautéed new potatoes, asparagus & crispy kale £16

**Monkfish & King Prawn Madras** coriander naan, timbale of rice, onion, salad & mango £16.50